

Cooley Dickinson Hospital
COVID-19 Outpatient Testing Criteria

Revisions in blue text

As of May 13, 2020

To Refer & Schedule, provider must call 413-582-2966

Symptomatic testing now offered to ANY patient with:

At least one of the following, potentially attributable to a respiratory viral illness:

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| 1. Fever | 5. New onset shortness of breath |
| 2. New onset sore throat | 6. New onset muscle aches or shaking chills |
| 3. New onset cough | 7. New onset vomiting or diarrhea |
| 4. New onset runny nose, nasal congestion, anosmia | 8. New onset headache |

Asymptomatic Screening Criteria

1. Healthcare worker requiring return to work clearance (CDHC employees and local EMS require f/u testing x2, VMG, Baystate, and do not require f/u testing. Other HCWs should ask their employer).
2. COVID-19 positive outpatients who require testing for resolution of infection status per Partners policy* due to need for in-person care at a CDHC facility (clinic, VNA, hospital, etc) within the next 30 days (see below)
3. Patients with planned admission or procedure at CDHC. (Test within 48 hours. For OR, CVIR, Endoscopy, PAT nurses will coordinate testing. For direct admissions, contact nursing office who will review risk criteria for room placement and precautions.)
4. Organ Donor (Donations for New England organ bank requiring testing).
5. Retest patients with indeterminate/inconclusive COVID-19 result.
6. Neonates born to a confirmed COVID+ mother.
7. Patients requiring testing for placement in a congregate setting or being admitted to VNA or hospice service from a congregate setting. (Congregate settings include SNF, rehab hospital, psychiatric/substance use disorder facility, hospice, correctional facility, or group home, or patients being treated at a hemodialysis center)
8. Patients from a congregate setting as needed (per Infection Prevention)
9. Positive serology for COVID-19 (IgM or IgG) within prior 10-days. Only required if patient has an upcoming in-person visit within 10 days of test
10. **Individuals in close contact within the last 14 days with a confirmed COVID-19 positive person**

Referrals for patients to COVID Testing Central Triage accepted from:

1. Local community PCPs (and other providers per prior arrangement)
2. Steve Degurski on behalf of CDHC employees
3. Sara Burgess (413-522-3787) on behalf of first responders or public health officials who work in Hampshire County. Chief or IC officers to call.
4. Katie Kelly or Merridith O'Leary on behalf of the homeless
5. Joanne Levin on behalf of Infection Prevention/Control
6. Cancer Center providers on behalf of cancer patients
7. OB providers on behalf of pregnant women
8. PAT nurses on behalf of patients with upcoming procedures

*Partners Policy

Patients who were diagnosed and treated **exclusively** as outpatients. Two options are available, time-based and test-based.

1. Time-based
 - a. Resolution of fever without the use of fever-reducing medications **and**
 - b. Resolution of respiratory symptoms (e.g., cough, shortness of breath), **and**
 - c. Greater than 30 days have elapsed since the date of the positive test and verification that patient is asymptomatic (BPA alert days 30-45)
2. Test-based
 - a. Resolution of fever without the use of fever-reducing medications **and**
 - b. Resolution of respiratory symptoms (e.g., cough, shortness of breath) **and**
 - c. Passage of at least 10 days since the first positive test **and**
 - d. Two negative nasopharyngeal swabs taken ≥ 24 hours apart.
 - a. When testing for clearance of infection, await the results of the first test before sending the second test.
 - b. If the first or second nasopharyngeal swab is positive, maintain precautions and repeat a nasopharyngeal swab after 3 days for inpatients and 5 days if outpatient.
 - c. Clearance requires two consecutive negative tests ≥ 24 hours apart.
3. Note:
 - a. Patients diagnosed and treated exclusively as outpatients will have their COVID-19 flag resolve automatically at 45 days.
 - b. Patients who were inpatients during or after their COVID diagnosis will have their flag resolve automatically 30 days after DISCHARGE.